

Dear AA1 Students,

I am looking forward to seeing you soon in Dexter for an exciting and pivotal segment! I would like to reiterate the attendance policy with some clarifications as some questions came up about it.

The attendance policy allows you to miss up to 30 days of the program (The entire program is 160 days not including the bonus online weekends). With any session that you miss (be it an in-person or an online session) you should watch the video and write about the session. Submit what you've written to feldenkraisaa@gmail.com. You should watch the videos and submit your written account as soon as possible.

If someone attends less than 130 days, out of the 160 regular days, they may have to make up for missed time with AA2. But here is where Bonus Online sessions come in: If you miss more than 30 days during the whole course of the training program, then you can use bonus hours from the Bonus Online sessions to keep you under the 30 day limit.

I also recommend that you attend all Bonus online weekends (or watch the recordings) as they do constitute part of the curriculum and part of the ongoing educational process.

If you miss only 10 days over the whole course of the 4 years, it is not mandatory to send in written reports. Yet, I highly recommend that you make up for any missed sessions by benefiting from watching the videos and benefiting from putting something down in writing about the session.

I hope this helps.

You are always welcome to reach out with any question.

See you soon,

Raz.